

Results from the CDC National Survey of Maternity Care Practices in Infant Nutrition and Care (mPINC)

Laurence Grummer-Strawn, PhD; Deborah Dee, PhD, MPH; Katherine Shealy, MPH, IBCLC, RLC

Conceptual Components of mPINC Care Dimensions:

Labor and Delivery Care

- Initial skin-to-skin contact
- Initial breastfeeding opportunity
- Routine procedures performed skin-to-skin

Postpartum Care

Breastfeeding Assistance

- Documentation of feeding decision
- Breastfeeding advice and counseling
- Assessment and observation of breastfeeding sessions
- Pacifier use

Contact Between Mother and Infant

- Separation of mother and newborn during transition to receiving patient care units
- Patient rooming-in
- Instances of mother infant separation

Feeding of Breastfed Infants

- Initial feeding received after birth
- Supplementary feedings

Hospital Discharge Care

- Assurance of ambulatory breastfeeding support
- Distribution of “discharge packs” containing infant formula

Nursing Staff Training

- Preparation of new staff
- Continuing education
- Competency assessment

Structural and Organizational Aspects of Care Delivery

- Breastfeeding policy
- Communication of breastfeeding policy
- Infant feeding documentation policy
- Employee breastfeeding support
- Facility receipt of free infant formula
- Prenatal breastfeeding instruction
- Coordination of lactation care